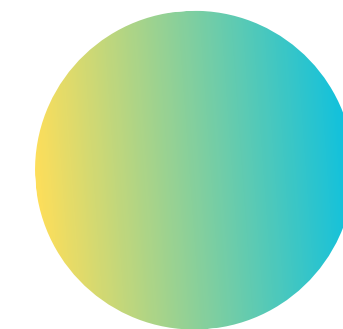




Common
VOICES

YOUTH EXCHANGE
22.04-03.05
PÄRNU



project **DESCRIPTION**

“Common voices” focuses on personal and social empowerment. We will start with self-care and meeting basic needs. Through active learning and practical guidance we will equip the participants with tools to achieve objectives. As they will give themselves permission to succeed on individual level, they will build a foundation for personal well-being, resilience, and self-sufficiency. Once the basic are established we will move onto collective empowerment within different structures. We will work with direct and indirect power blocks to learn to find the right solutions. In order to enhance individuals’ position within a group we will focus on: awareness and recognition, building social capital, developing agency and voice, collective action and social change. Through creative exercises and games the participants will expand their knowledge and gain practical abilities to navigate daily life-challenges successfully. “Common voices” will enable individuals to grow and flourish. It will also help them find their voice within their communities.

profile of

PARTICIPANTS

Age of participants: 16-19 - Age of group leaders: 18+

An essential aspect of the project is the ability to express oneself freely in English, as it serves as the primary working language of the youth exchange. This language requirement helps everyone understand each other better and creates a friendly learning environment where everyone can participate.

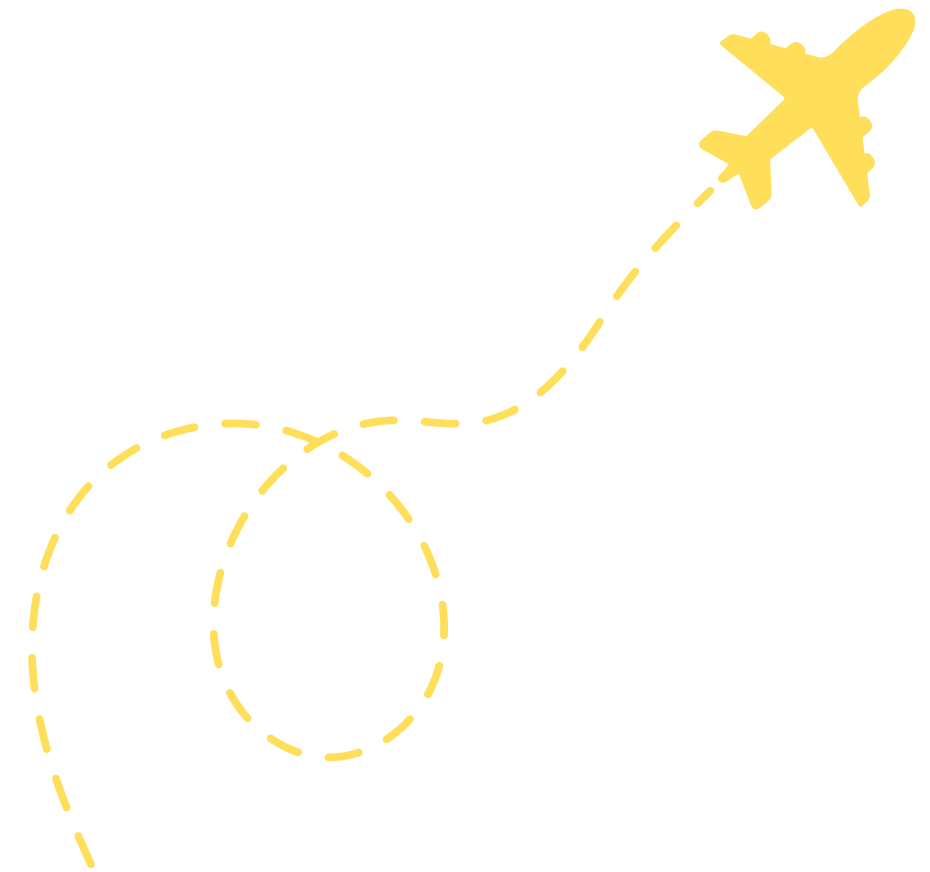
The project aims to provide a platform for personal growth and community building. By bringing together a diverse group of individuals, the program fosters connections and understanding among participants, cultivating a sense of shared experiences and mutual respect.

Travel, fees & **REIMBURSEMENTS**

Our project is financed by Erasmus+ Programme. Organizers will provide accommodation and food. Travel costs will be covered according to the funding rules of Erasmus+ Programme based on the Erasmus+ distance calculator. Travel reimbursement will be refunded based on real costs of the tickets up to the Erasmus+ limit.

Please note that in order to be reimbursed, you need to keep and provide to us all your receipts, invoices and tickets. Please buy your flight tickets directly on the website of the flight airline.

The participant is responsible for obtaining full insurance (travel risks, medical injuries).



Venue

Pärnu is a picturesque coastal town located in southwestern Estonia, known for its sandy beaches, historic architecture, and vibrant cultural scene. It attracts visitors with its charming Old Town, bustling promenade, and numerous recreational activities.

Raeküla Vanakooli Keskus is a cultural and educational center situated in the heart of Raeküla, a district within Pärnu. This center serves as a hub for community gatherings, artistic performances, workshops, and educational programs. Housed in a renovated historic building, it offers a welcoming space for residents and visitors



Raeküla Vanakooli Keskus



introducing **LEADERS**

Marcin is a nomad, artist who effortlessly moves between diverse and creative pursuits - from theatre to physical performance, music, and filmmaking. Beyond his artistic pursuits, he leads workshops and coaches different artists, empowering them to find their voice and navigate the creative landscape. Inspired by the journey of self-discovery within artistic expression, he is both a mentor and a facilitator of personal and artistic growth.



Marcin Zabielski

introducing **LEADERS**

Malik Meyer is a theater maker, actor and writer working at the intersection of performing arts and forms of dialogue. With his diverse experience in leading and conceptualizing original workshops and projects, involving collaborators and participants from diverse backgrounds and across international borders, he brings an active approach to group work. This approach is both challenging and thoughtful, providing training for each participant to understand their own tools and empowering them as individuals within a community context.

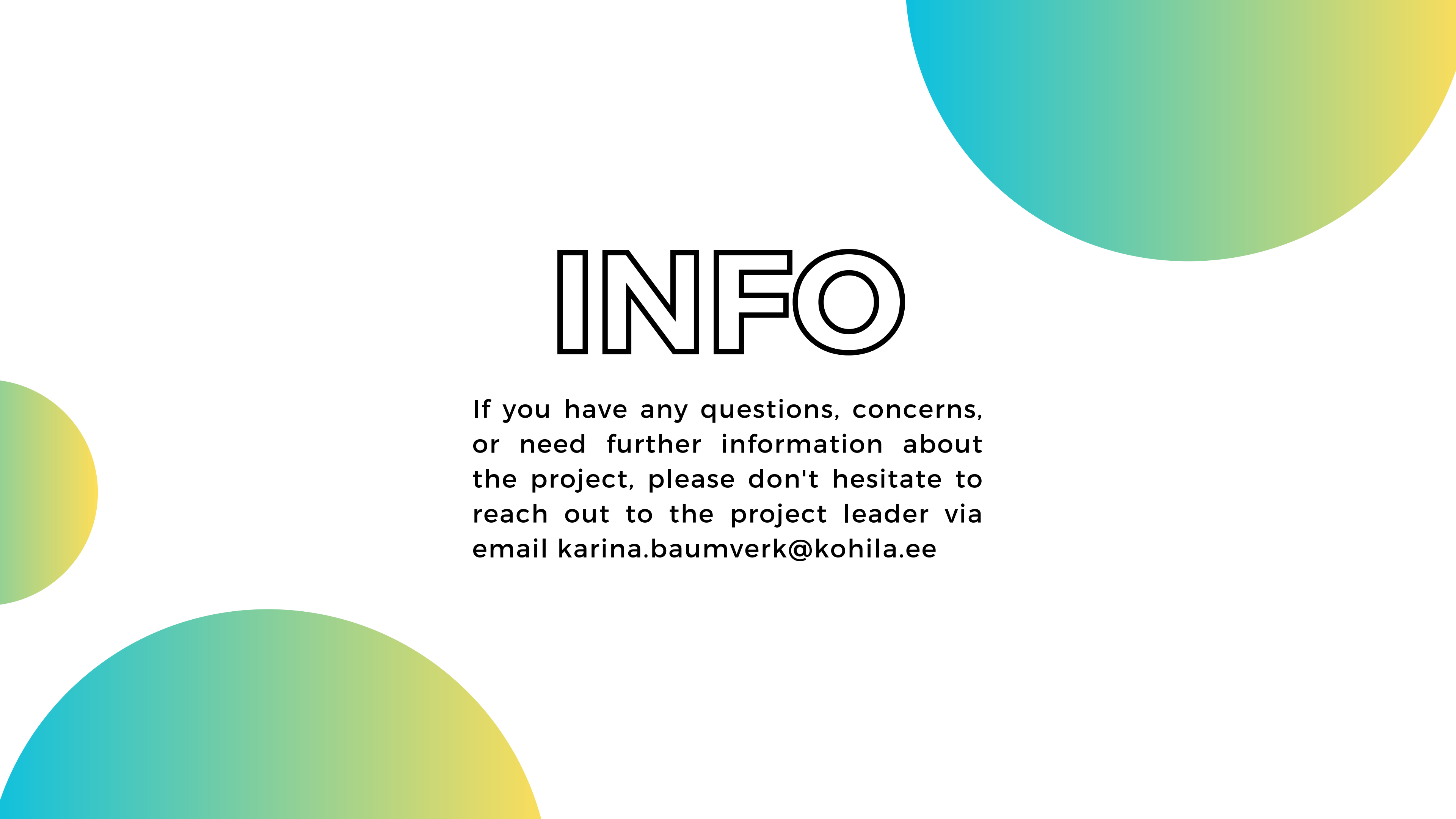


Malik Meyer

introducing **HOSTING ORGANIZATION**

The Kohila Open Youth Center (Kohila Avatud Noortekeskus) stands as a vibrant institution firmly rooted in the principles of youth work, dedicated to nurturing the diverse development and growth of young people. In our everyday work, we support youth initiatives, irrespective of their backgrounds, entrusting young individuals to lead events, projects, or hobby groups. While challenges may arise, these experiences are valuable for both the youth and our organization.





INFO

If you have any questions, concerns, or need further information about the project, please don't hesitate to reach out to the project leader via email karina.baumverk@kohila.ee